



Emotion Chart

List of a Sample of 76 Positive Emotions

AFFECTIONATE	HAPPY	ORGANIZED	SECURE
AMUSED	HELPFUL	OVERJOYED	SENSITIVE
BRAVE	HEROIC	PASSIONATE	SMART
CLEVER	HUMOROUS	PEACEFUL	SOPHISTICATED
CREATIVE	IMPORTANT	PLAYFUL	SPECIAL
COMPETENT	INNOCENT	PLEASED	STOIC
CURIOUS	INTERESTED	PRECIOUS	STRONG
DELIGHTED	INSPIRED	PROUD	SUCCESSFUL
DETERMINED	JOLLY	QUALIFIED	TENDER
DREAMY	JOYFUL	QUICK	THANKFUL
EAGER	KIND	QUIET	THOUGHTFUL
EFFICIENT	LIKEABLE	RADIANT	TRANQUIL
ENTHUSIASTIC	LOVABLE	RATIONAL	TREASURED
EXCITED	LOVING	READY	TRUSTWORTHY
FLEXIBLE	MELLOW	RELAXED	UNDERSTANDING
FOCUSED	NEUTRAL	RESPECTED	UNDERSTOOD
FUNNY	NICE	RESPECTFUL	UNIQUE
GENTLE	NOBEL	RESPONSIBLE	VALUED
GRATEFUL	OPEN	SATISFIED	WARM-HEARTED



List of a Sample of 80 Negative Emotions

ANGRY	HURT	OVERWHELMED	TIMID
ANNOYED	INTOLERANT	PERPLEXED	TIRED
ANXIOUS	INSECURE	PUZZLED	TORTURED
ASHAMED	IRRITABLE	QUARRELSOME	TRAUMATIZED
BORED	JEALOUS	REJECTED	TROUBLED
BOTHERED	LAZY	RELENTLESS	UNAVAILABLE
CONFUSED	LONELY	RESTRICTED	UNBALANCED
DEPRESSED	MAD	RUN-DOWN	UNCERTAIN
DISAPPOINTED	MEAN	SAD	UNHAPPY
EMBARRASSED	MISCHIEVOUS	SCARED	UNYIELDING
FORGETFUL	MISERABLE	SHOCKED	UPSET
FRIGHTENED	MOURNFUL	SHY	VEXED
FRUSTRATED	MUDDLED	SILLY	VOLATILE
FURIOUS	NASTY	SMALL	WACKY
GRUMPY	NEGATIVE	STRESSED	WEIRD
GUILTY	NERVOUS	STUCK	WHIMSICAL
HATEFUL	OFFENDED	STUNNED	WILD
HELPLESS	ON-GUARD	SURPRISED	WILLFUL
HOMESICK	OPPRESSED	TALKATIVE	WITHDRAWN
HOPELESS	OVERCOME	THREATENED	WORRIED